Yoga Discovery Course 2025 – Application Form

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| --- | --- |
| Name |  |
| Address |  |
| Phone |  |
| Email |  |
| Name of contact person in emergency |  |
| Their phone number |  |
| What experience of yoga do you have?  - how long have you been practicing?  - how frequently?  - where and who with? |  |
| What do you want to gain/learn/discover from doing this course? |  |
| Have you done any other yoga courses? If so where, when and what type? |  |
| Do you have any condition, injury or circumstance (physical, mental or emotional) that may limit or impede your full participation in the course?  - any pre-existing and current injuries?  - any pre-existing or current medical conditions.?  - any medications? |  |
| \*Do you have any concerns or fears about commencing this course? |  |
| What are your strengths and weaknesses (emotional, psychological and physical)? |  |
| How did you hear about this course? |  |

*\*Please consider that this course will focus on inner practices such as meditation, pranayama and self-study (svadhyaya). At times personal issues may arise that could require extra personal support for resolution and healing.*

*Be reassured that your teachers will do their utmost to create a safe and supportive space for you and your fellow students to gently discover and open areas of your previous experience that you may have avoided until now. If you need additional support outside of the course curriculum you may arrange one-on-one sessions with your teacher/s and/or we can assist you to connect with suitable health professionals.*

To enrol and reserve a place, a processing fee of $250 is to be paid with your Application Form prior to the commencement of the course. A 14-day cooling-off period then applies. If you withdraw during this time a $100 refund will be given. Upon acceptance for the training an additional non-refundable $550 is to be paid (this constitutes your first instalment).

The outstanding $3,000 is due in $800 instalments on the first day of May, July, September and November. Financial matters should not get in the way of learning and studying yoga so, if you are in financial difficulty and need to work out a more suitable payment schedule, please feel free to talk with Wen.

Please pay into the following account:

Wendy Reid

BSB: 064 121

Acct #: 1011 9820

By enrolling, students accept the Policies and Terms outlined in the Course Prospectus.

**Student Agreement**

I have read and agreed to abide by the Course Policies and procedures outlined in the Course Prospectus.

Signed and dated: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Please download, fill in and send your Application Form to arwenreid@yahoo.com.au

If you have any questions or concerns you want to discuss with Wen, please call **0421 058 250**.